



TI contact: (00 353) 276 4934

BTF contact: 01509 226 153

Membership & ODL Important Information

MEMBERS - Lough Cutra Castle Triathlon is a Triathlon Ireland sanctioned Event, therefore **ALL participants including children** must show their Triathlon governing body membership card (eg Triathlon Ireland (TI) or British Triathlon Federation (BTF) membership card) at registration. If you do not have your membership card, please contact the appropriate governing body's office to get a card posted to you.

NON-MEMBERS - (if you do not have a Full, Student or Junior membership card) must pre-purchase a 'One Day License' from the Triathlon Ireland website. This must be purchased no later than the midnight, the Thursday before the race and the confirmation of purchase must be brought to the race.

Any competitor who cannot show their Triathlon Governing Body membership card or a TI One Day License at registration will not be allowed to race, as they will not be covered by insurance.

To purchase a One Day License please see here:

<http://www.triathlonireland.com/one-day-licence.html>

